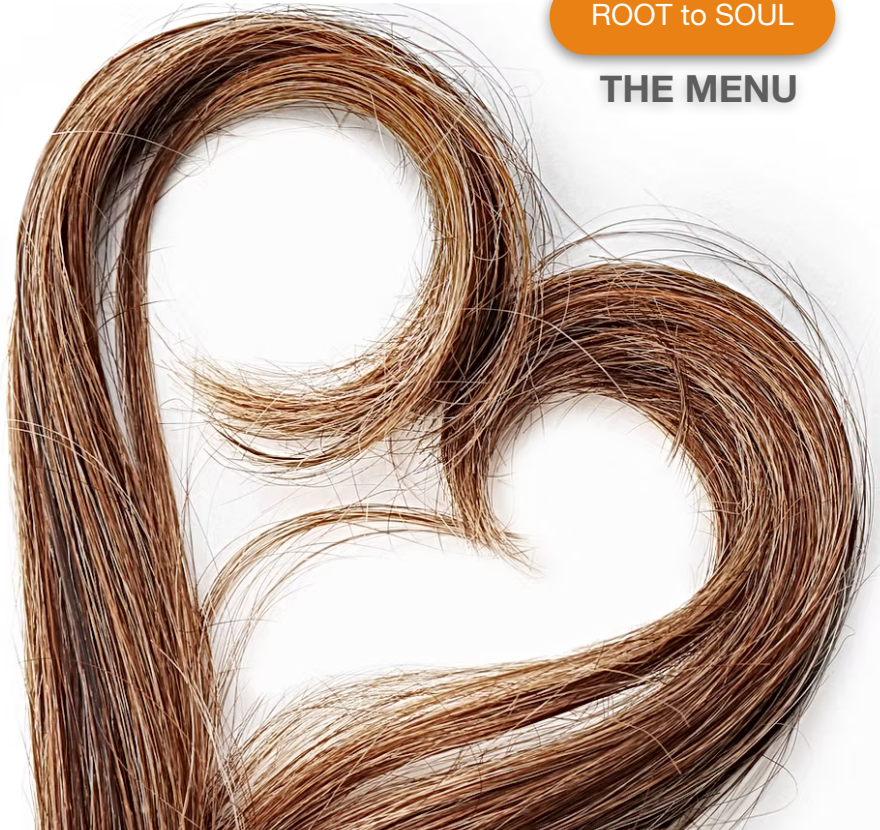


Gill Carrie

for the love of Hair, Hormones, Health & Homeopathy

ROOT to SOUL

THE MENU





WELCOME

ROOTED IN HAIR. EVOLVED IN HEALING.

Gill's first love was hairdressing — a young entrepreneur and educator at 19, growing four salons and becoming an early recipient of the Investors in People Award. Over the years, she has worked as an educator, lecturer, assessor and verifier, coaching and mentoring others in both skill and care. She is also a children's author and workshop educator on bullying and friendship, inspired by her own experiences with her children. Alongside this, Gill trained professionally in homeopathic medicine — a natural progression after a lifetime of living it — and in human chemistry, enriching her integrated practice with clients, professionals & organisations.

Today, she specialises in advanced holistic programmes for hormonal health, trauma recovery and nervous system healing through a deeper energetic lens — combining salon expertise with clinic care for whole-person wellness. Gill's work is rooted in the belief that how you *feel* is just as important as how you *look* — care that honours both.

BALANCING WHAT MATTERS MOST

'Hair, Hormones & Healing — Energy, Stress & Trauma — for Mind, Body & Spirit'

THERAPEUTIC SERVICES & SPECIALIST CARE

Homeopathic Medicine · Human Chemistry Integrated Therapy · Detoxing & Balancing Therapy · Organ, Orthomolecular & Biochemical Support · Hereditary & Ancestral Patterns · Bach Flower Remedies · Root to Soul Specialist Series · Reiki · Holistic Health Coaching · Life/Style Management · Bespoke & Restorative Haircutting, Colour & Styling · Therapeutic Haircare · Holistic Salon, Clinic & Retreat Collaborations

APPOINTMENTS

FRIDAY | SATURDAY | SUNDAY | 09:00-18:00 | UK TIME

ONLINE | IN-PERSON

BOOK. PAY. BEGIN.

THE **ROOT** to **SOUL** EXPERIENCE

STEP 1 CHOOSE YOUR KIT

- **ROOT REVIVAL** | Hair & Scalp Health
- **CLEANSE & CLEAR** | Skin & Allergies
- **DETOX & BALANCE** | Hormonal Health
- **BODY HARMONY** | Body & Weight
- **GLOW THERAPY** | Holistic Aesthetics
- **SLEEP RESET** | Sleep & Restore
- **CALM & RESTORE** | Emotional & Energetic
Optional Enhancements | Chakra Kit or Meditation Kit
For Young Children | Bullying & Friendship Kit
- **EASE & RELIEF** | Symptom Management
Optional Enhancement | Sport Kit

£50 per Kit

STEP 2 ENHANCE YOUR EXPERIENCE (Optional Add-Ons)

- **THE SALON** | from £50
Specialist hair & scalp services aligned with your Kit
- **THE CLINIC** | from £150
Personalised deeper care with science-integrated support
- **YOUR GROUP** | from £250
A 1-hour shared guided journey through your chosen Kit

STEP 3 BOOK & BEGIN

- BOOK YOUR **KIT & INSIGHT** online or in-clinic
- Optional Experiences:
- Add a **SALON EXPERIENCE** tailored to your kit
 - Upgrade to a **CLINIC EXPERIENCE** for supporting deeper care
 - Create & share a **GROUP EXPERIENCE** with your kit

BOOK NOW